Abstract

Effect of Acupuncture Treatment for Functional Dyspepsia: A Randomized Controlled Trial

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Objectives: Functional dyspepsia is a prevalent disease. It impairs subjective quality of life. The purpose of this research is to examine the effect of acupuncture treatment for functional dyspepsia.

Methods: In this randomized, single blind, placebo-controlled study, we compared active acupuncture with sham acupuncture for the treatment of functional dyspepsia. Volunteers who satisfied the requirements were enrolled in study. Severity of dyspepsia was measured by Nepean Dyspepsia Index (NDI) and Functional Dyspepsia Quality of Life (FD-QOL) before and after treatments.